

April 26, 2009

**“Rules and Regulations”**  
Colossians 2:16-23

Eric Johns

**1. Don't be ruled out. (16)**

- a. Old Testament rules were a shadow. (17)
- b. Christ is the shadow's substance.
- c. Don't accept disqualification. (18-19)

**2. Don't be ruled over. (20-23)**

- a. Live for Christ not legalism. (20-21)
- b. Relationship is more powerful than restriction. (22-23)

*“Love God and do as you like”*

- St. Augustine

**Don't be ruled out, don't be ruled over – Christ is your King!**

## **For Further Study**

*“Five Views on Law and Gospel”* by Stanley Gundry

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### *Cell Group Questions...*

1. Do you like rules or tend to resist them. What are some rules that you love? What are some rules that you despise?
2. Was the Old Testament Law (with all its restrictions) good? Why or why not?
3. Have you encountered any man-made additions to faith? Are you susceptible to any?
3. What does Paul mean in Galatians 5:1, that Christ has come to set us free?
4. How should we use our freedom in Christ, and how should we be careful?
5. Do you agree with St. Augustine: *“Love God and do as you like”*?